ABSTRACT OF THE DISCLOSURE

The likelihood of infection by a broad spectrum of viruses, including Adenovirus, Human Immunodeficiency Virus and/or Human Papillomavirus infection can be reduced by the prophylactic topical application, prior to the exposure to or infection by the virus of metallo-organic cobalt compounds according to the following formula to the site of infection:

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wherein each A may be the same or different and is an alkyl group, a phenyl group or a substituted derivative of a phenyl group;

alkoxide group, and alkyl group, or OH;

wherein each B may be the same or different and each is hydrogen or an alkyl group; wherein each X may be the same or different and each is a water soluble group having weak to intermediate ligand field strength; and

Z⁻ is a soluble, pharmaceutically acceptable negative ion.

Metallo-organic cobalt compounds may also be used to disinfect liquids which contain adenovirus, Human Immunodeficiency Virus and/or Human Papillomavirus.